

In the Beginning



Soup of the Day

Homemade daily from the freshest of ingredients

Zelda's French Onion Soup

Sweet onions slowly caramelized then simmered in light beef stock with fine herbs, topped with a homemade garlic crouton & a thick slice of melted Swiss Emmental cheese

6.99

Cala-Mary

Lightly buttermilk battered & fried, served with our zesty chipotle mayo

11.99

Spring Rolls Fu-man Chu

Rice vermicelli, Asian seasoned ground pork & vegetables wrapped in rice paper & crisp fried, served with sweet chili dip

6.99



New Mexico Nuggets 🌶️

5 crunch-coated, spicy red jalapeño peppers stuffed with southwest-spiced cream cheese, served with chipotle mayo. Great for sharing!

6.99

Babushka's Perogie Pleasure 🌿

Plump cheddar & potato-stuffed perogies sautéed with crisp maple smoked bacon & sweet caramelized onions, served with sour cream

7.99

Karen-Dine's Mac 'n' Cheese Snackers 🌿

Creamy macaroni & cheddar cheese lightly breaded & crisp fried, served with sour cream (The ultimate trailer park treat!)

7.99

Siciliano Flatbread 🌿

Garlic flatbread topped with pesto, sautéed mushrooms, plump cherry tomatoes & crumbled feta cheese then baked 'til golden brown

6.99

(Top it with seasoned grilled or blackened chicken) Add 2.99

Cheesy Garlic Toast 🌿

Thick cut Calabrese baguette slathered in garlic butter, topped with cheddar, swiss & parmesan cheeses, with a hint of oregano, oven-baked to perfection!

4.99



Zelda-rific Party Platter

Plump Perogies, Mac 'n' Cheese Snackers, New Mexico Nuggets & our famous jumbo Chicken wings (with choice of sauce), served with celery & carrot sticks & all the dips

17.25

NO SUBSTITUTIONS PLEASE



Glorious Greens

Zelda's Spinach Salad 🥗

Baby spinach, grilled beets & warm goat cheese topped with roasted cashew nuts. Tossed in our light Dijon vinaigrette

10.99

The Gorgeous Greek 🥗

Fresh romaine & crisp iceberg lettuce with cucumber, plum tomato, red onion & Kalamata olives, tossed in Greek vinaigrette & topped with crumbled feta cheese

8.99

Julia's Caesar

Crisp romaine hearts, garlic croutons & fresh parmesan in our creamy garlic dressing

Small 6.95 Regular 7.95

ACCESORIZE YOUR SALAD! Try any of the **ABOVE** salads topped with:
Seasoned, grilled chicken OR Cajun blackened chicken

2.99

South West Picnic Salad

Cajun blackened chicken, fresh sliced avocado, plum tomatoes, cucumber, red onion, crumbled feta & walnuts on baby organic field greens, tossed in our house Dijon vinaigrette

11.99

Big Z's Signature Cobb Salad

Baby organic greens tossed in ranch dressing topped with rows of grilled seasoned chicken breast, fresh avocado, diced plum tomatoes, sliced hard boiled egg, maple smoked bacon, spring onion & crumbled Roquefort bleu cheese

11.99

Mains

Bobbin' on the Bayou Chicken

Authentic New Orleans' Cajun blackened breast of chicken, cast-iron seared & served with creamy honey-Dijon sauce

13.99

Momma D's Down-Home Meatloaf

Slow-cooked country style with lean ground beef & our blend of herbs & spices, topped with balsamic glaze & served with home-style gravy

12.99

The **ABOVE** items served with seasonal side vegetables & choice of:
garden salad, Caesar, Zelda fries, roasted garlic-buttermilk mashed potatoes,
sweet potato fries or whole-grain brown rice

Oven-Baked Chicken Parmesan

Lightly breaded in herbs, parmesan cheese & bread crumbs, topped with Italian-style marinara sauce & melted mix cheese. Served with spaghetti marinara & cheesy garlic toast

14.99

Sri-Lankan Curry

Tender, boneless chicken & chunky potatoes marinated & slow cooked with traditional Sri-Lankan yellow curry spices, served with whole-grain brown rice & warm Naan flatbread

13.99

The Good Shepherd's Pie

Homemade & piled high with lean ground beef & crisp country vegetables slow cooked in the Big Z's secret blend of herbs & spices, topped with a stack of roasted garlic-buttermilk mashed potatoes, served with garden or Caesar salad

10.99



Pasta Dah-ling-A



Penne Provincetown

Fresh chicken breast & tiger shrimp with button mushrooms simmered in our flavourful teriyaki cream sauce with whole-wheat penne pasta

14.95

Louigi's "a Bellissimo" Spaghetti

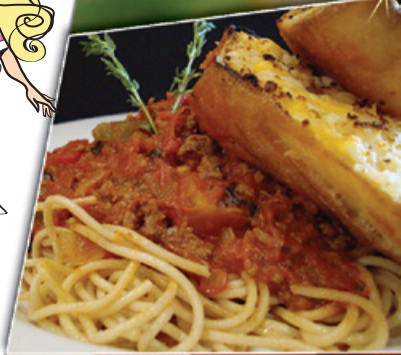
Lean ground beef slow simmered in our marinara sauce with onions, green bell peppers & lots of garlic & basil, served over whole wheat spaghetti al dente with cheesy garlic toast

12.25

MMMah-velous Mac & Cheese

Homemade with 7 different kinds of cheese & select herbs & spices. Baked until smooth, creamy & deliciously gooey! Topped au gratin style with toasted breadcrumbs & even MORE cheese. Served with your choice of garden or Caesar salad

10.99



South of the Border



Tex-Mex Quesadilla

Grilled seasoned chicken, diced tomato, sweet peppers & Spanish onion with melted mix cheese in a chipotle flour tortilla, served with sour cream

9.99

Mexicana Fish Tacos

Basa fish fillet pan-seared with authentic Tex-Mex spices & fresh lime, wrapped in two flour tortillas with tomato salsa, shredded lettuce & sour cream, served with crisp nacho chips & guacamole

10.99

Nachos Mucho Grande

Crisp seasoned corn tortilla chips smothered in 1/2 lb of layered, melted mix cheese & homemade zesty cilantro tomato salsa, served with sour cream

Regular 9.99 Sharing size 13.99

(Add diced chicken or taco-seasoned ground beef) 2.99 ea.
(guacamole, salsa, jalapeños or extra sour cream) .99 ea.

Arriba! The Big Chicken Burrito

Stuffed full of the good stuff: blackened chicken, guacamole, chili-lime infused brown rice, refried beans, homemade tomato salsa & mix cheese, wrapped in a chipotle tortilla, served with sour cream & your choice of: salad, Zelda fries, sweet potato fries, brown rice or crisp tortilla chips

11.99

Chicken Enchiladas

Two enchiladas stuffed with pulled chicken breast marinated in traditional Mexican spices, melted mix cheese & homemade cilantro tomato salsa. Wrapped in soft flour tortillas smothered in ranchero sauce & baked to order, served with sour cream

8.99

Add a side salad or fries 2.50

Texas Tailgate Chili

Homemade & loaded with lean ground beef slow simmered in Tex-Mex spices with tomatoes, corn, onions, celery, sweet bell peppers & kidney beans with just the right amount of heat, served with crispy corn tortilla chips

9.99



Zelda's Diner

California Dreamin' Dee-lite Sandwich

Lightly seasoned grilled breast of chicken, crisp bacon, tomato, cilantro-salsa & melted Swiss cheese, topped with guacamole herb-mayo & layered on toasted egg loaf, whole wheat or rye **10.99**

Classic Zelda Burger

8oz. of juicy 100% never frozen lean ground beef, homemade with our special blend of herbs & spices & served on a whole wheat bun with all the fixin's **9.99**

DRESS UP YOUR BURGER!

Add cheese, bacon, sautéed mushrooms, fried onions, guacamole or jalapenos **.99 ea.**

The Bleu Boy Burger

Our classic 8oz. burger smothered in melted Roquefort Bleu Cheese & topped with fresh sliced avocado! Served on a whole wheat bun with all the fixin's **12.99**

The Grilled Cheese, Bacon Cheeseburger

The ultimate hunger buster! Our classic 8oz. burger topped with cheddar cheese, crisp maple-smoked bacon & all the fixin's. Served on a "bun" made from two Wonderbread grilled cheddar & Swiss cheese sandwiches. AMAZING!!! **14.95**

Aunt Vera's Veggie Burger

Grilled soya burger, homemade style, served on a whole wheat bun with all the fixin's. A Zelda's favourite! **9.75**

Fab 50's Fingers

Crispy southern style chicken tenders served with plum sauce **11.99**
 Try 'em **BUFFALO STYLE!**...
 (Tossed with mild, medium, suicide or honey-garlic sauce) **extra.75**

Zelda Goes Clubbin' Sandwich

Grilled chicken breast, crisp maple-smoked bacon, lettuce, tomato, cucumber & mayo, triple layered on whole wheat or egg loaf **10.99**
 Try it with roast turkey **extra 1.75**

Tempura Fish & Chips

Basa fillets coated & fried in our light tempura batter served with side salad & mild wasabi tartar sauce **11.99**

The **ABOVE** items served with your choice of salad, Zelda fries, garlic-buttermilk mashed potatoes, sweet potato fries or whole grain brown rice

Zelda's Wing-O-Rama

Our famous plump, crisp chicken wings, served with veggie sticks & bleu cheese dip...mild, medium, hot, suicide or honey-garlic **10.99**

Fabulous Fries

VIVE LA POUTINE!

Zelda's famous crisp coat fries topped with authentic, fresh cheese curds & home style beef gravy **7.99**

ZELDA CRISP COATED FRIES **5.99**

SWEET POTATO FRIES **6.99**

Add Home-style gravy **.99**



Zelda's fried menu items are prepared in a unique Canola-Corn blend cooking oil which contains
 0 Trans Fats,
 0 Cholesterol
 & 0 Carbohydrates

*  THESE ITEMS ARE OR CAN BE PREPARED VEGETARIAN